If you are looking after a family member or friend the Fife Carers Emergency Card can give you the confidence that the right kind of support is there when you need it, whether the emergency is big or small. It’s easy to apply for and there’s no charge for the service.

The card identifies you as an unpaid or family carer and means that if something unforeseen should happen to you and you’re suddenly unable to be there for the person you care for, your emergency plan can be put into operation and the person you care for be looked after.

When we send you the **Carers Emergency Red Card for you to carry** we will also send you a **Green Card for the person you care for to carry**. This means if they are out and about without you and experience an emergency situation - someone will be able to contact you or arrange for them to be taken care of until you are able to be with them. If you don’t want to use this Green Card you don’t have to – the Red one is still valid without it!

To submit your emergency plan and apply for free Fife Carers Emergency Cards all you need to do is call Fife Carers Centre on 01592 205472.

The Carers Emergency Card is a joint venture between Fife Carers Centre and Fife Council and is available to any unpaid/family carer living in Fife.

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